

# Benefit Health Checks

Did you know that if you are pregnant or have children, whether you are in or out of work, you can drop into a Benefit Health Check session where you will be offered expert advice and support?

## Coalfield Family Centre

Welfare Road, Hetton, DH5 9NE

Thursday 09:30 – 11:30

## Thorney Close Family Centre

Thorndale Road, Sunderland, SR3 4JQ

Thursday 13:30 – 15:30

**NO BOOKING NECESSARY**



Department  
for Work &  
Pensions

